



**STUDENT MEDICAL AND IDENTIFICATION FORM**

Buckeye Elementary School District #33  
25555 W Durango Street  
Buckeye, AZ 85326

**Student:** \_\_\_\_\_ **Grade:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_

**Sport/Activity:** \_\_\_\_\_ **School Year:** \_\_\_\_\_

**My child has my permission to participate in the following sports:**

(Please check ALL the sports in which the student may be interested in participating in during the school year.)

**Volleyball**     **Basketball**     **Wrestling**     **Flag Football**     **Baseball**     **Softball**

*The following information is furnished so that my son/daughter may receive proper care.*

**Parent Understanding**

I understand participating in interscholastic athletics or extra-curricular activities can be an extremely valuable experience for young people. We at BESD make every attempt to employ the finest coaches or sponsors, supply our athletes and participants in extra-curricular activities with the best equipment and facilities, and provide our participants with opportunities to develop skills and interests in sports and other activities so they may continue at the high school level. However, student participants are exposed to moving objects, stationary objects, various playing surfaces, transportation and other items that can cause injury and/or death. This communication is being written so you and your student can understand that there are potential dangers involved while participating in any athletic or extra-curricular program before deciding to become involved in these activities at BESD.

Father/Guardian printed name: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_

Father/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mother/Guardian printed name: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_

Mother/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

**Medical Information**

Family Doctor \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

Preferred Hospital \_\_\_\_\_

Please list any allergies or chronic health concerns:

\_\_\_\_\_

Allergic reaction to any drug or medication? \_\_\_\_\_ If yes, what is involved? \_\_\_\_\_

\_\_\_\_\_

In the event that we are unable to get in contact with you, please list an authorized person

1. Name of Person \_\_\_\_\_ Phone \_\_\_\_\_ Relationship to Child \_\_\_\_\_
2. Name of Person \_\_\_\_\_ Phone \_\_\_\_\_ Relationship to Child \_\_\_\_\_

**Insurance Policy Information for Student Participating in Interscholastic Athletics**

It is understood that the information, consent, and authorization hereby given and granted are continuing and intended by me to extend through the current school year.

In accordance with the school policy, the above named student:

- (a) Completed waiver – no individual insurance policy
- (b) Is fully covered by parent’s insurance

Name of Insurance \_\_\_\_\_

Group # \_\_\_\_\_ Policy # \_\_\_\_\_

**PLEASE PROVIDE A COPY OF INSURANCE CARD**

The Buckeye Elementary School District #33 **WILL NOT ACCEPT** responsibility for the payment of any medical bills incurred due to injury during any practice or game. The above named student is given permission to participate in interscholastic athletic programs for the Buckeye Elementary School District #33. Permission is granted to transport, render aid, or care to said student as deemed necessary.

**~ EXTRA-CURRICULAR ACTIVITIES WAIVER OF LIABILITY ~**  
***Parent/Guardian Permission & Waiver of Liability***  
***& Authorization for Emergency Care***

I hereby give my consent for the above named student to participate in interscholastic teams or extra-curricular activities for this school year. I also agree to reimburse the BESD for equipment or uniforms issued to my child should they become lost, stolen, or ruined. I understand that BESD cannot accept responsibility for personal items or school uniforms lost, stolen, or ruined.

I, hereby release Buckeye Elementary School District and its administrators, directors, and employees from any and all liability from property damage, personal injuries, or other claims arising from or in connection with my student’s participation in extra-curricular activities or interscholastic sports at BESD schools, including claims that are known and unknown, foreseen and unforeseen, future or contingent.

I authorize the Athletic Director, School Principal, Coach or Sponsor in attendance at any BESD activity to select and secure medical attention as may be necessary for my child as a result of an injury or other events requiring emergency care while I/we are not in attendance at such event.

I hereby release said school official(s) from any and all liability on account of such selection or authorization for any and all damages which occur on account thereof.

**All information given above is accurate.**

**Parent/Guardian Signature:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Arizona Interscholastic Association, Inc.  
Mild Traumatic Brain Injury (MTBI) / Concussion  
Statement and Acknowledgement Form**

I, \_\_\_\_\_ (student), acknowledge that I have to be an active participant in my own health and have the direct responsibility for reporting all of my injuries and illnesses to the school staff (e.g., coaches, team physicians, athletic training staff). I further recognize that my physical condition is dependent upon providing an accurate medical history and a full disclosure of any symptoms, complaints, prior injuries and/or disabilities experienced before, during or after athletic activities.

**By signing below, I acknowledge:**

- My institution has provided me with specific educational materials including the CDC Concussion fact sheet (<http://www.cdc.gov/concussion/HeadsUp/youth.html>) on what a concussion is and has given me an opportunity to ask questions.
- I have fully disclosed to the staff any prior medical conditions and will also disclose any future conditions.
- There is a possibility that participation in my sport may result in a head injury and/or concussion. In rare cases, these concussions can cause permanent brain damage, and even death.
- A concussion is a brain injury, which I am responsible for reporting to the team physician or athletic trainer.
- A concussion can affect my ability to perform everyday activities, and affect my reaction time, balance, sleep, and classroom performance.
- Some of the symptoms of concussion may be noticed right away while other symptoms can show up hours or days after the injury.
- If I suspect a teammate has a concussion, I am responsible for reporting the injury to the school staff.
- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- I will not return to play in a game or practice until my symptoms have resolved AND I have written clearance to do so by a qualified health care professional.
- Following concussion the brain needs time to heal and you are much more likely to have a repeat concussion or further damage if you return to play before your symptoms resolve.

Based on the incidence of concussion as published by the CDC the following sports have been identified as high risk for concussion; baseball, basketball, diving, football, pole vaulting, soccer, softball, spiritline and wrestling.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences and implications of signing this document and that I agree to be bound by this document.  
Student Athlete:

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or legal guardian must print and sign name below and indicate date signed.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**ATHLETIC HANDBOOK**  
**Buckeye Elementary School District Athletic Department**

**ATHLETE CODE OF CONDUCT/EXPECTATIONS**

*This is a guideline for students, parents and guardians to use concerning basic rules and expectations for participation in the Buckeye Elementary School District Athletic Programs. Please read and sign the consent form at the end of these guidelines. Should you have any questions, please feel free to contact your Athletic Director. Thank you for your support.*

**I. School**

1. All student athletes must abide by all regular school policies outlined in the student handbook, including dress code. No student athlete may participate in practice or compete until all conditions of ARC, in school suspension, or out of school suspension are completed.
2. Eligibility
  - A. A student must be in attendance at least 4.5 hours during their regular school day between 8:00 a.m. and 3:45 p.m. in order to participate in a practice or game. If extenuating circumstances arise, permission to play or practice may be given by the Athletic Director.
  - B. All student athletes must not have a failing grade in any subject in order to remain eligible for athletics (*a grade of 70% or better in each class*). Grade sheets will be signed by teachers every Monday or filed electronically, and will determine a player's eligibility for that entire week.
    - i. Ineligible players may practice with the team, but cannot participate in games or wear the team uniform for an entire week.
    - ii. Ineligible players may not travel with the team.
    - iii. If a player is ineligible for two consecutive weeks, they may be dropped from the team.

**II. Athletic Forms**

1. In order to be eligible to practice or play, all student athletes must have these forms completely filled out, signed by a parent, and on file with the Athletic Department:
  - A. Current physical examination completed by a physician (Physicals last one year from date of prior physical).
  - B. Proof of Insurance for Participation in Interscholastic Athletics and for Care in Event of Injury form, OR the District Waiver for No Insurance. **School insurance is NOT provided by the district.**
  - C. Athletic Handbook signature page.

**III. Travel**

1. All student athletes must travel with the team on the bus to and from games, unless a parent/guardian signs his or her child out with the coach prior to leaving campus to go to a game.
2. Student athletes will not be allowed to ride home with anyone other than the parent/guardian, unless a release form is signed in advance and given to the appropriate coach.
3. A student athlete may be dismissed from the team when he/she does not ride home on the bus or receive advanced permission.

**IV. Practice**

1. All student athletes are required to attend all practices. Practice begins 15 minutes after dismissal and will last no longer than 90 minutes. Practices will be on Monday, Tuesday, Thursday and Friday. Wednesday practices are optional and will only be held with permission of the Athletic Director and at the regular time. After games begin, practice will be every Monday and Friday. If a player must miss a practice due to an excused absence, he or she must tell the coach in advance.
2. All student athletes are required to wear appropriate practice attire: T-shirt, athletic shorts, and athletic shoes. Remember that school dress code applies.
3. Student athletes are required to show respect to their teammates and coaches at all times. Full attention should be given to the coach and players should participate appropriately in all exercises and drills. Athletes should never leave the gym without permission from the appropriate coach.
4. Facilities should be cared for properly and left in the same condition as found.

**V. Games**

1. Players are expected to attend every game for which they are eligible. If a player must miss a game for any reason, he or she must notify the head coach in advance. Playing time is at the discretion of the coach.
2. Student-athletes are required to report to the head coach directly after being released from class in order to prepare for games. If there are games scheduled before or after a team's start time, then the entire team is required to sit in a designated area with the coach. Any players not sitting with the team before or after games will not play in their next game.
3. Sportsmanship
  - A. Honor the rules and respect the decisions of the officials.
  - B. All interactions between student athletes and officials will be positive and professional.
  - C. Before, during, and after games student athletes are expected to display exemplary sportsmanship.
  - D. Support all six pillars of "Character Counts".
  - E. Displaying any unsportsmanlike conduct will result in a disciplinary action such as suspension or removal from Buckeye Elementary School Athletics.

**VI. Uniforms/Equipment**

1. Uniforms and equipment should be treated with respect and cared for to prevent damage.
2. Parents/Guardians of athletes will be held financially responsible for any lost or damaged uniforms or equipment that have been checked out to or used by their athlete.
  - A. No equipment other than team uniforms should ever leave the gym with a player.
  - B. The cost of a lost uniform is \$100. The parent/guardian will be responsible for paying for any lost or damaged uniforms or equipment if not turned in within a week after the season has ended.

**PARENT/GUARDIAN GUIDELINES**

**I. Involvement**

1. Much of the success of any athletic program depends on the encouragement, support, and involvement of the parents/guardians.
2. Parents/guardians are invited to attend all games. However, it is not appropriate for parents/guardians to sit on team benches or talk to players or coaches during a game.

**II. Parent/Guardian and Coach Communication**

1. Although coaches are willing to discuss playing time with parents/guardians, please keep in mind that the final decision on playing time is always left up to the coach. Although our goal is to help each player meet his or her personal potential, no player is guaranteed any set amount of playing time in games.
2. Games can be an emotional and stressful time for a coach. We ask that parents/guardians who have an issue to discuss with a coach do so at a scheduled meeting 24 hours after the game is completed, and not before, during, or right after a game.
3. The appropriate procedure for discussing any issue or problem with a coach is to speak directly with the coach first. If there is not a satisfactory resolution, the next step is to meet with the coach and the athletic director. Only after the first two attempts should you speak with the school administrator about an athletic issue.

**III. Sportsmanship**

1. Before, during, and after games each parent and fan is expected to display exemplary sportsmanship.
2. Arguing with officials, coaches, other fans, or athletes at any time will not be tolerated. If any unsportsmanlike behavior is displayed, that individual is subject to removal from the campus with or without a warning.
3. Taunting or harassing officials, coaches, other fans, or athletes will not be tolerated and is subject to removal from the campus with or without a warning.
4. Displaying any unsportsmanlike conduct may result in a suspension from athletic events, for that individual, for the remainder of the season or the school year.

**Buckeye Elementary School District**

Name \_\_\_\_\_ Grade \_\_\_\_\_  
Please print name of student athlete

Campus \_\_\_\_\_ Homeroom Teacher \_\_\_\_\_

I have read the Buckeye Elementary School District Athletic Handbook and understand I am to abide by the guidelines stated in this Athletic Handbook.

\_\_\_\_\_  
Signature of Student Athlete

\_\_\_\_\_  
Date

I have read the Buckeye Elementary School District Athletic Handbook and will abide by the guidelines stated in this Athletic Handbook. I also agree to pay the exact fee for any uniform or equipment that my child loses or damages.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

Please sign and return this page to your son/daughter's Head Coach before participating in any practices or games. Please keep this Handbook for your records in case you or your student athlete need to refer back to it at any time.

**Thank you so much for your support throughout the season!**

# ANNUAL PREPARTICIPATION PHYSICAL EXAMINATION

## ANNUAL PHYSICAL EXAMINATION

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Pulse: \_\_\_\_\_ BP: \_\_\_\_\_  
 Vision: R 20/\_\_\_\_ L 20/\_\_\_\_ Glasses/Contacts:  Yes  No Pupils: Equal \_\_\_\_\_ Unequal \_\_\_\_\_

	Normal	Abnormal Findings	Initials
<b>Medical</b>			
Appearance			
Skin			
Eyes/Ears/Nose			
Throat/Oropharynx			
Lymph Nodes			
Heart			
Pulses			
Lungs			
Abdomen			
Genitalia/ Hernia			
<b>Musculoskeletal</b>			
Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/ Hand			
Hip/ Thigh			
Knee			
Leg/ Ankle			
Foot			

\*Station-based examination only

### CLEARANCE

Cleared

Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_

\_\_\_\_\_

Not Cleared for: \_\_\_\_\_ Reason: \_\_\_\_\_

Recommendations: \_\_\_\_\_

\_\_\_\_\_

Name of physician (print/type) \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Signature of physician \_\_\_\_\_

MD/DO/NP/PA-C